

# OPIOID AWARENESS

## THE NUMBERS

128

people in United States die from opioid overdose every day

\$78.5

billion dollars of economic burden created by opioid misuse

8-12%

of people will develop an opioid addiction

9.9

million people in the United States misuse prescription pain relievers

*drugabuse.gov & hhs.gov*

## COMMON OPIOIDS



### Generic Name

Hydrocodone  
Oxycodone  
Morphine  
Codeine  
Fentanyl  
Hydromorphone  
Meperidine  
Methadone

### Brand Name

Vicodin, Lortab, Norco  
Percocet, OxyContin  
MSContin, Kadian  
Tylenol with Codeine  
Duragesic, Actiq  
Diladid  
Demerol  
Dolophine, Methadose

## In case of overdose:

### 1 Check responsiveness

Look for any of the following:

- No response even if you shake them or say their name
- Breathing slows or stops
- Lips and fingernails turn blue or gray
- Skin gets pale or clammy

### 2 Call 911 and give naloxone

If no reaction in 3 minutes, give second naloxone dose

### 3 Do rescue breathing and/or chest compressions

Follow 911 dispatcher instructions

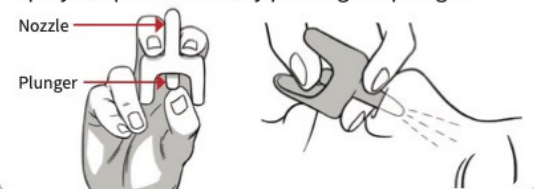
**>> STAY WITH PERSON UNTIL HELP ARRIVES.**

*www.rhc.net*

## HOW TO GIVE NALOXONE

### Nasal spray

This nasal spray needs no assembly and can be sprayed up one nostril by pushing the plunger.



### Nasal spray with assembly

This requires assembly. Follow the instructions below.

- 1 Take off yellow caps.
- 2 Screw on white cone.
- 3 Take purple cap off capsule of naloxone.
- 4 Gently screw capsule of naloxone into barrel of syringe.
- 5 Insert white cone into nostril; give a short, strong push on end of capsule to spray naloxone into nose: **ONE HALF OF THE CAPSULE INTO EACH NOSTRIL.**
- 6 Push to spray.
- 6 If no reaction in 3 minutes, give second dose.

*www.fhcsd.org*

## OPIOID CARE (SOUTHWEST UTAH)

- Steps Recovery Center - St. George
  - [stepsrc.com](http://stepsrc.com)
- St George Metro Treatment Center - St. George
  - [newseason.com](http://newseason.com)
- FourPoints Community Health Center - Shivwits
  - [fourpointshealth.org](http://fourpointshealth.org)

LEARN MORE AT [WWW.HHS.GOV/OPIOIDS](http://WWW.HHS.GOV/OPIOIDS)