

Student Doctor

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April 20, 2019

Helen Ip, Residency Coordination
Kaiser Permanente Northern California
Internal Medicine Residency Program
(415) 833-9182

Dear Ms. Ip,

It is with great enthusiasm that I submit my application for an audition rotation with the Kaiser Permanente Northern California Internal Medicine Residency program in San Francisco. It has always been my intention to seek a career in preventive medicine; more recently, I have found additional purpose and fulfillment while working in the field of internal medicine. It is my ultimate goal to be a physician prepared to serve individual patients and address the growing burden of chronic disease in innovative and meaningful ways.

I am particularly interested in your internal medicine rotation because of the preventive medicine residency track. I have long been passionate about public health and lifestyle medicine. Before attending medical school, I earned my master's degree in exercise science and health promotion, focusing my education on health behavior theory, intervention design, and motivational interviewing. I was involved in primary research using adaptive goal setting for exercise initiation in sedentary overweight, populations. I imagined that I would someday work in population-based medicine.

Over the past year I have been exposed to many areas of medicine and I have found myself most gratified while working in a team setting whether it be inpatient psychiatric care, obstetrics, or the gastroenterology lab. I find it highly rewarding to work together for the benefit of those individual lives under our care, melding together expertise from multiple areas and forming personal and thoughtful plans for each patient. I also greatly enjoy patient relationships, especially when I am able to identify areas in which the patient is able to improve how they care for their own bodies and support them in that process. Much to my surprise, I am also very interested in the treatment of complex disease processes. I believe that Kaiser NCAL provides an unparalleled level of integrated clinical excellence for those who also value exploring the broader context of disease.

I am also excited by the diverse opportunities your program has for research and the newly establish fellowship in gastroenterology. Currently, in line with my interests in lifestyle medicine and gastroenterology, I am engaged in non-alcoholic liver disease research. It is my hope that I will become a competent and caring physician with an excellent foundational knowledge of general adult medicine, a master's degree in public health, and research experience. Your program is distinct in its ability to help me accomplish each of these goals. Eventually, I hope to specialize in gastroenterology and find a creative balance between clinical medicine and population health management.

I would be delighted to come to your institution for an audition rotation as I seek to prepare myself for residency. The combined Kaiser Permanente internal medicine/UCSF preventive medicine residency track is unique in ability to train highly skilled internists that are also prepared to address population-level patterns of disease; I seek this opportunity whole heartedly and would find it a privilege to visit your beautiful city.

Sincerely,

Student Doctor
OMS-III Rocky Vista University

Commented [HM1]: Name and personal information can be a header like this but can also be listed below in the same format as company address.

Commented [HM2]: Cover letters and letters of interest should always contain the date listed above the address of the institution (including name of program/hiring director when available). If name of program director is not available, use "Program Director." This letter should also contain an address for the organization.

Commented [HM3]: Use a specific address otherwise "program director."

Commented [HM4]: You will want to begin your letter with the specific name of the organization followed by your interest in the program.

Commented [HM5]: Your body paragraphs will outline the qualifications, experiences, and strengths that make you a valuable addition to the program. It is particularly useful to think about the ways in which your qualifications/strengths and values align with those of the program. Be specific about the elements of the program.

Commented [HRM6]: Body paragraphs should begin with a strong topic sentence that makes a connection between the candidate and the program's elements, needs, and/or values.

Commented [HRM7]: This is a good example of naming something that is specific to the program.

Commented [HM8]: Just as in the comment above, it is important to include specific aspects of the program that you are interested in pursuing. Focus on the things that set the program apart from others.

Commented [HM9]: This is one way that you may relate to the program. You can also use the TsarC model to help you formulate and organize body paragraphs. Remember that the C in TsarC stands for connection to your future goals. It is important to then also connect that to the program specifically.

Commented [HRM10]: Your concluding paragraph should thank the organization for their consideration. You can also express interest in an interview (if applicable) and/or invite them to look further into your application/other materials such as CV.